

INVITATION

“What is sought remains hidden from the seeker by already being everything.” Tony Parsons

It is said that within the first year of life or so, there is no feeling of separation; that there is a natural feeling of oneness. After the illusion of separation sets in, we spend the rest of our lives trying to find our way back home to oneness again. The lyrics of these pieces point to that oneness.

- 1. All There Is Is This ● Tony Parsons. 3:27
- 2. You Are What You’re Looking For ● Papaji. 4:43
- 3. Awareness Is Ever There ● Nisargadatta Maharaj 4:44
- 4. Be a Lamp Unto Yourself ● Buddha. 3:48
- 5. Only the Sound ● Tony Parsons. 3:58
- 6. The “I Am” That You Are ● David Carse 3:56
- 7. A Hole in a Flute ● Hafiz 5:29
- 8. Don’t Disturb Your Mind ● Nisargadatta Maharaj 3:21
- 9. The Fragrance of a Rose ● Lao-Tzu 5:07
- 10. We Dance ‘Round in a Ring ● Robert Frost 4:15
- 11. We Are the Ocean and the Wave ● Tony Parsons 3:43
- 12. The Kingdom of Heaven Is Within ● Jesus 4:28
- 13. You Can’t Get There From Here ● David Carse 2:19

Music composed, performed, and recorded by Patrick Boland and The Beyond Reason Orchestra at A Hole in a Flute Studios, Asheville, NC pboland@bellsouth.net ©2009 Patrick Boland

INVITATION



visions
of reality
in the voices
of children

Tony Parsons | Lau-tzu | Jesus | Papaji
David Carse | Robert Frost | Hafiz
Buddha | Nisargadatta Maharaj

CD400

4-Panel Jewel Box Insert
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All There Is Is This ● Tony Parsons
 What has been sought has
 Never been lost:
 All there is is This.

Awareness Is Ever There ● Nisargadatta Maharaj
 Awareness is ever there.
 It need not be realized.
 Open the shutter of the mind,
 And it will be flooded with light.

Only the Sound ● Tony Parsons
 When the listener is dropped,
 there is only the sound.
 I am not here —
 there is only “what is.”

A Hole in a Flute ● Hafiz
 I am a hole in a flute that the
 Christ’s breath moves through.
 Listen to this music.
 I am the concert from the mouth of every creature
 Singing with the myriad chords.

You Are What You’re
 Looking For ● Papaji
 You are what you’re looking for,
 And that is all it is.

Be a Lamp Unto Yourself ● Buddha
 Be a lamp unto yourself.
 Look within, and be still.

The “I Am” That You Are ● David Carse
 The “I Am” that you are is the
 “I Am” that I am.

Don’t Disturb Your Mind ●
 Nisargadatta Maharaj
 Don’t disturb your mind with seeking
 There is nothing to practice
 Just be
 To know yourself, be yourself.

The Fragrance of a Rose ● Lao-Tzu
 Those who know, do not say;
 Those who say, do not know.
 Who can describe the fragrance of a rose?

We Are the Ocean and the
 Wave ● Tony Parsons
 We are the ocean and the wave,
 The darkness and the light.
 Nothing needs to change.

You Can’t Get There
 From Here ● David Carse
 You can’t get there from here:
 All is “here”; there is not “there.”

We Dance ‘Round
 in a Ring ● Robert Frost
 We dance ‘round in a
 Ring and suppose
 While the Secret sits in the
 Middle and knows.

The Kingdom of Heaven
 Is Within ● Jesus
 The Kingdom of Heaven is within
 Become like a little child to see it.
 Make the inside out, make the
 outside in.

Singers: Carson Bock — 8
 Spencer Bock — 2
 Gabriel Blair Gibson — 5, 7 9, 11
 Trevor Hickman — 12
 Becky Highsmith — 1, 10, 13,
 harmony on 12
 Tessa Kvalvik — 4, 6 harmony on 12
 Katie McMahan — 3

Editing, mixing, mastering,
 and additional sequencing
 Adam Johnson

Project consultation
 Bob Hinkle

Graphic design
 Perry Steinhoff

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